

## O- High school Menu O - October 2021 High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Assorted Cereal*, 2 oz. Bagel* Mini w Strawberry Cream Orange Craisin Pkt. Milk, White 1% Milk, Chocolate NF
4 No School	5 No School	6 No School	7 No School	8 No School
11 French Toast Sticks*, IW Assorted Cereal*, 2 oz. Craisin Pkt. Red Delicious Apple Milk, White 1% Milk, Chocolate NF	12 Breakfast Burrito* Bean & Chz Taco Sauce Pkt. Assorted Cereal*, 2 oz. Grapes Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	13 Breakfast Bun* Assorted Cereal*, 2 oz. Red Delicious Apple Craisin Pkt. Milk, White 1% Milk, Chocolate NF	14 Breakfast Pizza Bagel* Assorted Cereal*, 2 oz. Fresh Pear Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	15 Mini French Toast* Cinna Rush Assorted Cereal*, 2 oz. Orange Craisin Pkt. Milk, White 1% Milk, Chocolate NF
18 No School	19 Breakfast Burrito* Bean & Chz Taco Sauce Pkt. Assorted Cereal*, 2 oz. Grapes Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	20 Breakfast Bun* Assorted Cereal*, 2 oz. Red Delicious Apple Craisin Pkt. Milk, White 1% Milk, Chocolate NF	21 Breakfast Pizza Bagel* Assorted Cereal*, 2 oz. Fresh Pear Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	22 Mini French Toast* Cinna Rush Assorted Cereal*, 2 oz. Orange Craisin Pkt. Milk, White 1% Milk, Chocolate NF
25 French Toast Sticks*, IW Assorted Cereal*, 2 oz. Craisin Pkt. Red Delicious Apple Milk, White 1% Milk, Chocolate NF	26 Breakfast Burrito* Bean & Chz Taco Sauce Pkt. Assorted Cereal*, 2 oz. Grapes Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	27 Breakfast Bun* Assorted Cereal*, 2 oz. Red Delicious Apple Craisin Pkt. Milk, White 1% Milk, Chocolate NF	28 Breakfast Pizza Bagel* Assorted Cereal*, 2 oz. Fresh Pear Juice Variety, 4 oz. Milk, White 1% Milk, Chocolate NF	29 Mini French Toast* Cinna Rush Assorted Cereal*, 2 oz. Orange Craisin Pkt. Milk, White 1% Milk, Chocolate NF

USDA and this institution are equal opportunity providers and employers.

Menu subject to change.

Whole grain items are indicated by \*.